



## PRE-SURGICAL INSTRUCTIONS

### FOR PATIENTS RECEIVING SEDATION OR GENERAL ANESTHETIC:

1. **DO NOT** eat or drink anything after midnight, not even water.
2. If you are less than 18 years of age, you **MUST** have a parent/legal guardian accompany you the day of your surgery. If you are 18 years or older you **MUST** have an adult driver accompany you the day of your surgery. That person **MUST** stay in the office during the procedure and escort you home after your surgery. Please no small children with the accompanying adult on the day of surgery.
3. Please wear loose fitting clothing with sleeves which can be rolled up past the elbow, and comfortable walking shoes. Open toed shoes are not advised, tennis shoes are recommended.
4. Remove contact lenses before your surgery. Please leave them at home.
5. **DO NOT** wear lipstick, makeup, excessive cologne/perfume, or nail polish on the day of surgery.
6. Do not forget to take any pre-medications that were prescribed to you.
7. Leave all valuables at home. No cellphones will be permitted in the surgical suite.

### FOR ALL PATIENTS

1. Continue all regular medications unless directed otherwise by your surgeon.
2. Bring with you any dentures or partial dentures that you wear.
3. If you regularly use an inhaler or glucose monitor please have those with you on surgery day.
4. Dress comfortably and wear loose clothing, including short sleeves.
5. Please use good oral and personal hygiene. (brush teeth and shower.)
6. Questions? please call the office we're happy to help.

Wentzville      O'Fallon      St. Peters      Chesterfield      South County      Festus  
(636) 332-5524    (636) 379-1333    (636) 875-1277    (636) 536-5158    (314) 677-3030    (636) 931-8000



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